



NORMAN STREET PRIMARY SCHOOL
CARLISLE · CUMBRIA

SCHOOL NEWSLETTER

ISSUE 4 · 2026/27

FRIDAY 2ND OCTOBER 2026

A WEEK OF SPORTING ADVENTURES!

It's been a week of sporting adventures and success this week at Norman Street! We've had great fun trying new things like **wheelchair basketball** and showing how resilient we can be at **cross country** — well done to all those children who took part.

We also heard our newest radio presenters lighting up the airwaves with their brilliant shows this week, helping us to keep focused on what it means to be a Normie! Well done Radio Crew!



Kindest wishes,

ELE DOBSON

HEADTEACHER

IN THIS ISSUE



01 DATES FOR YOUR DIARY

Everything still to come this term

03 CROSS COUNTRY STARS

Cora & Lois qualify to run for Cumbria!

05 LEADERS & HELPERS

Leaders' training, progress evenings & sports helpers

02 REMINDERS & ATTENDANCE

Allergy awareness, contact details & 95.5% attendance

04 WHEELCHAIR BASKETBALL

An action-packed session with Nat

06 CELEBRATE, READ & STAY SAFE

Headteacher Award, reading & Halloween outfits



KEEP AN EYE ON OUR SCHOOL DATES!

DATES FOR YOUR DIARY

WHOLE-SCHOOL DIARY →

OCTOBER

Mon 5 Oct Manchester United Leadership Academy to Old Trafford

Thu 8 Oct **Golden Apple Award Ceremony**

Wed 14 Oct School Photographs

Thu 15 Oct Spooky Disco · 4.30–5.45pm EYFS/KS1 · 6.00–7.15pm KS2, Hall

Mon 19 Oct Manchester United Foundation — Eco Reds to Old Trafford

Tue 20 Oct **Family progress evening** · 3:30–7pm

Wed 21 Oct Whole School Harvest Festival at St Aidan's Church · 10:00am start

Thu 22 Oct **Family progress evening** · 3:30–7pm

Fri 23 Oct **BREAK UP FOR HALF TERM**



LOOKING AHEAD TO CHRISTMAS

DATES FOR YOUR DIARY

STICK IT ON THE FRIDGE!

NOVEMBER

Mon 2 Nov	TERM BEGINS
Mon 2 Nov	School Swimming begins · swimming pool onsite
Wed 4 Nov	Y5/6 theatre visit
Tue 10 Nov	Bags 2 School collection
Wed 11 Nov	Nasal Flu Vaccinations
Thu 26 Nov	Christmas Fayre · 6.00–8.00pm, Hall
Fri 27 Nov	Whole School Panto · Jack & The Beanstalk

DECEMBER

Thu 10 Dec	Reception & Little Bothy Nativity · 2:30pm, Hall
Wed 16 Dec	A Normie Christmas at St Cuthbert's · details to follow
Fri 18 Dec	Carols on the yard · whole school, from 2:45pm

CHRISTMAS PARTIES

Mon 14 Dec · AM	Reception
Mon 14 Dec · PM	Year 3/4
Tue 15 Dec · PM	Year 1/2
Thu 17 Dec · PM	Year 5/6



A FEW THINGS TO REMEMBER

REMINDERS

ALLERGY AWARENESS

New statutory guidance came into schools in September which further strengthened the requirement for schools to be **allergy aware**. For our school community this means that families need to be especially mindful of any food that is sent into school with children.



A reminder that **nuts of any kind are not allowed in school** — this includes Nutella or any other nut-based product.

Thank you for your support in keeping our children safe.

KEEP US IN THE LOOP!

If **ANY** of your contact details have changed — phone number, email address or postal address — it is really important that you let us know, so that we can ensure our records are kept up to date.



Phone number



Email address



Postal address



Update your details →

EVERY DAY... IT'S THE NORMIE WAY!

ATTENDANCE MATTERS

Our whole-school attendance since the start of term is **95.5%**. Well done Normies!

Make sure you are here on Monday for another **Magic Monday raffle!**

We are aiming for our whole-school attendance to be at least 96%.

If you are struggling with any aspect of the morning which is making it difficult for you to bring your child to school, please do talk to us. **We are here to help.**

✉ **Email Bev Ramshaw, Parent Liaison →**

95.5%

SINCE THE START OF TERM

Our target: 96%+



YOU BELONG WITH US!

MAGIC MONDAY & FULL-HOUSE FRIDAY

GOOD LUCK EVERYBODY!



Magic Monday Raffle

This week we began our very exciting attendance raffles. The children were really excited to see who would win the very first prize on our spinning names wheel. Well done to all those children who were in school on Monday and started their week in the right way!

Be in, to win!



Full-House Friday

On Friday we were celebrating those children who had not only started the week in the right way but made sure they were in school every day. A very big well done to the families who managed this. We will be having another Magic Monday and Full-House Friday!

Be in all week, to win!

★ **Make sure your name is on the spinning wheel! Here every day — it's the Normie Way!** ★



OUR FIRST SPORTS COMPETITION OF THE YEAR

CROSS COUNTRY STARS AT THE SHEEPMOUNT

A fantastic morning down at the Sheepmount on Thursday for our first sports competition of the year... cross country! We took a team of Year 4, 5 and 6 boys and girls, who all ran against hundreds of other children from all over Carlisle. They certainly found it tough and headed back to school absolutely exhausted... but **being brave is the Normie way!**

They all ran incredibly well — everybody finished the 2km circuit and should be incredibly proud of themselves. We hope they continue to run for a long time to come!

Qualified for Cumbria!

Cora

8th • Year 4

Lois

15th • Year 5

Through to the next phase — running against the best in Cumbria! What an achievement, girls!





BRAVE... IT'S THE NORMIE WAY!

CROSS COUNTRY IN PICTURES

EVERYBODY FINISHED THE 2KM!





AN ACTION-PACKED SESSION WITH NAT

WHEELCHAIR BASKETBALL

An exciting opportunity in school this week as we once again welcomed **Nat** for an action-packed wheelchair basketball session. Pupils from Years 1, 5 and 6 enthusiastically took part in a range of wheelchair races, giving them the chance to develop new skills, challenge themselves and experience sport from a different perspective.

The children then joined together for a fun-filled basketball game, demonstrating excellent teamwork, communication and determination throughout. It was wonderful to see so much enthusiasm, encouragement and sportsmanship on display, with everyone embracing the opportunity and having a fantastic time.

A huge thank you to Nat for delivering such an engaging and inspiring session that helped promote inclusion, resilience and the enjoyment of physical activity.





TEAMWORK, COMMUNICATION & DETERMINATION

WHEELCHAIR BASKETBALL IN PICTURES





TRAINING HAS BEGUN!

NORMIE LEADERS

This week our Normie leaders began their training. Our **Routine Leaders** took to the corridors with Mr Harris to model our Normie routines, and our **Play Leaders and Buddies** were with Mrs Dixon outside!

Well done to the children who have committed themselves so fully to these roles. It is great to see you wearing your badges with such pride too!

★ **Wearing our badges with pride!** ★





REMINDER · DATE CHANGE

PLEASE NOTE

CHANGE TO FAMILY PROGRESS EVENINGS

EVENING ONE

Tuesday 20th October

3:30pm – 7pm

EVENING TWO

Thursday 22nd October

3:30pm – 7pm

★ Family progress meetings now take place over these two evenings, after school ★



WE REALLY NEED YOU!

PARENT HELPERS

We're looking for parent volunteers to join us as Sports Helpers, supporting staff at sporting events and fixtures across the year!

If you're able to offer some regular help, we'd love to hear from you. **Full safeguarding training will be provided**, and we just ask that you're able to commit to a few dates across the school year.

It's a brilliant way to get involved, cheer on our Normies, and be part of the team behind the scenes. Thank you so much for considering it!

✉ **Email the school office** →

COULD YOU HELP?



**Full safeguarding training
provided — just a few dates
across the year.**



THIS WEEK WE CELEBRATE

HEADTEACHER AWARD



Ely Year 4

Kind • Brave • Fair

Ely is one of those children who quietly makes every day at school a little bit better. She is always kind, caring and thoughtful towards others, and her warm smile is never far away. Whether she is helping a friend who is feeling unsure, welcoming someone into a game, or simply offering a kind word, Ely shows genuine compassion in everything she does. She is brave enough to stand up for what is right, fair in the way she treats others, and hardworking in all that she takes on.

A brilliant "Normie", Ely consistently demonstrates our school values through her actions and the way she treats everyone around her. Her positive attitude, willingness to help and caring nature make her a wonderful friend and a valued member of our school community. We are incredibly proud of her, and this Headteacher Award is a well-deserved recognition of the difference she makes to those around her every day.

Thank you for being a brilliant Normie, Ely — we are very proud of you!



BEING FAIR... IT'S THE NORMIE WAY

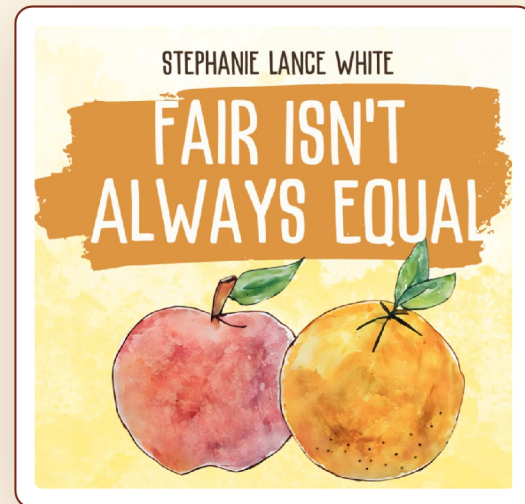
READING RECOMMENDATION

Fair Isn't Always Equal

by Stephanie Lance White

We all know being a Normie is all about fair; this lovely story helps children understand that fairness isn't always about everyone getting the same thing. Through simple, relatable examples, it shows that **being fair means giving people what they need to help them succeed.**

A warm and thought-provoking read that encourages empathy, kindness and understanding, while helping children see the world from another person's perspective. A great book for starting meaningful conversations about fairness.





SAFEGUARDING · THINK BEFORE YOU BUY!

APPROPRIATE OUTFITS AT HALLOWEEN

 **SAFE & INCLUSIVE**

Halloween is a time for fun, creativity and imagination, and we know many children enjoy dressing up and celebrating with friends. As parents begin planning costumes, we would like to offer a gentle reminder about choosing outfits that are suitable for a primary school-aged audience.

While spooky themes are part of the fun, we encourage costumes that are **not overly frightening, gory or graphic**. Outfits featuring excessive fake blood, realistic injuries, horror characters or masks designed to shock can be upsetting for younger children.

We also ask parents to carefully consider whether costumes that include **guns, rifles, knives, swords or other imitation weapons** are appropriate for their child. Even when intended as part of a character, these items can create unnecessary anxiety for other children and are not something we encourage in school.

Fun for everyone

We want Halloween to be an enjoyable experience for everyone. These are all wonderful ways for children to join in the fun while keeping the event safe, inclusive and age-appropriate:

Witches

Pumpkins

Superheroes

Storybook characters

Animals

For further Halloween safety advice, you may find the Child Accident Prevention Trust Halloween Safety Guide helpful.

 **Halloween Safety Tips · CAPT** →

Thank you for helping us make Halloween a positive occasion for all children.



NORMAN STREET PRIMARY SCHOOL

CARLISLE · CUMBRIA

CONTACT US

We are always keen to hear your comments, suggestions and feedback. If you'd like to speak to a member of staff, please don't hesitate to get in touch.

01 · VISIT US

Norman Street, Carlisle,
Cumbria, CA1 2BQ

02 · CALL US

01228 210168

03 · EMAIL US

office@normanst.cumbria.sch.uk

Facebook · Norman Street Primary School

Instagram · normanstreetsch

X · @NormanStreetSch