



NORMAN STREET PRIMARY SCHOOL
CARLISLE · CUMBRIA

SCHOOL NEWSLETTER

ISSUE 5 · 2026/27

FRIDAY 9TH OCTOBER 2026

WE ARE WINNERS!

On Thursday 16 staff members were invited to a very fancy awards ceremony at Energus near Workington, following our nomination as finalists for **Primary School of the Year** in the Golden Apple Education Awards. We couldn't quite believe it when our name was called as winners!

This award is testament to everyone connected with our school — each and every Normie helps to make our school special. Thank you for your unwavering support. Working together... it's the Normie Way!



Kindest wishes,

ELE DOBSON

HEADTEACHER

WEEK FIVE AT NORMAN STREET

IN THIS ISSUE



01 WE ARE WINNERS!

Primary School of the Year · Golden Apple Awards

03 REMINDERS & ATTENDANCE

Squishies, contact details, photos & 95.6% attendance

05 PTA SPOOKY DISCO

Thursday 15th October — pay by Sunday!

02 DATES FOR YOUR DIARY

Everything still to come this term

04 SPORT & COMMUNITY

Y5/6 football, Miss Canavan & parent helpers

06 CELEBRATE, READ & STAY SAFE

Headteacher Award, a spooky read & safeguarding

GOLDEN APPLE EDUCATION AWARDS 2026

WE ARE WINNERS!

Primary School of the Year

We were up against some very good schools — and our name was called!

Working together... it's the Normie Way!





AN EVENING AT ENERGUS, WORKINGTON

PRIMARY SCHOOL OF THE YEAR

On Thursday 16 staff members were invited to a very fancy awards ceremony at Energus near Workington, following our nomination and selection as finalists as Primary School of the Year in the Golden Apple Education Awards.

We couldn't quite believe it when our name was called as winners! We were up against some very good schools! The Golden Apples celebrate educational professionals and organisations who go above and beyond, and who are working to try and provide the very best for the young people in their care.

This award is testament to everyone connected with our school; **The Normies** — each and every person helps to make our school special. We couldn't do what we do without your unwavering support, so thank you to our Normie community for helping us to bring the very best experiences and learning to your children.

★ Working together... it's the Normie Way! ★





KEEP AN EYE ON OUR SCHOOL DATES!

DATES FOR YOUR DIARY

WHOLE-SCHOOL DIARY →

OCTOBER

Wed 14 Oct School Photographs · smartest uniform please!

Thu 15 Oct PTA Spooky Disco · 4.30–5.45pm EYFS/KS1 · 6.00–7.15pm KS2, Hall

Mon 19 Oct Manchester United Foundation — Eco Reds to Old Trafford

Tue 20 Oct Family progress evening · 3:30–7pm

Wed 21 Oct Whole School Harvest Festival at St Aidan's Church · 10:00am start

Thu 22 Oct Family progress evening · 3:30–7pm

Fri 23 Oct **BREAK UP FOR HALF TERM**

Mon 2 Nov **TERM BEGINS**



LOOKING AHEAD TO CHRISTMAS

DATES FOR YOUR DIARY

STICK IT ON THE FRIDGE!

NOVEMBER

Mon 2 Nov	TERM BEGINS
Mon 2 Nov	School Swimming begins · swimming pool onsite
Wed 4 Nov	Y5/6 theatre visit
Tue 10 Nov	Bags 2 School collection
Wed 11 Nov	Nasal Flu Vaccinations
Thu 26 Nov	Christmas Fayre · 6.00–8.00pm, Hall
Fri 27 Nov	Whole School Panto · Jack & The Beanstalk

DECEMBER

Thu 10 Dec	Reception & Little Bothy Nativity · 2:30pm, Hall
Wed 16 Dec	A Normie Christmas at St Cuthbert's · details to follow
Fri 18 Dec	Carols on the yard · whole school, from 2:45pm

CHRISTMAS PARTIES

Mon 14 Dec · AM	Reception
Mon 14 Dec · PM	Year 3/4
Tue 15 Dec · PM	Year 1/2
Thu 17 Dec · PM	Year 5/6



A FEW THINGS TO REMEMBER

REMINDERS

"SQUISHIES" & "NEDOS"

Please can we remind you that **squishies and nedos belong at home!** We have had several messy incidents of squishies popping and exploding.

Going forward, teachers will be confiscating squishies and nedos, to be given back to parents and carers at the end of the day. Thank you in advance for your cooperation with this.

KEEP US IN THE LOOP!

If **ANY** of your contact details have changed — phone number, email address or postal address — it is really important that you let us know, so that we can ensure our records are kept up to date. Thank you!

 **Update your details** →

SCHOOL PHOTOGRAPHS

Just a reminder that school photos are taking place on

**Wednesday 14th
October**

Smartest uniform please! 📷



REMINDER · DATE CHANGE

PLEASE NOTE

CHANGE TO FAMILY PROGRESS EVENINGS

EVENING ONE

Tuesday 20th October

3:30pm – 7pm

EVENING TWO

Thursday 22nd October

3:30pm – 7pm

★ Family progress meetings now take place over these two evenings, after school ★

EVERY DAY... IT'S THE NORMIE WAY!

ATTENDANCE MATTERS

Our whole-school attendance since the start of term is **95.6%.**

Make sure you are here on Monday for another **Magic Monday raffle!**

We are aiming for our whole-school attendance to be at least 96%.

If you are struggling with any aspect of the morning which is making it difficult for you to bring your child to school, please do talk to us. **We are here to help.**

✉ **Email Bev Ramshaw, Parent Liaison →**

95.6%

SINCE THE START OF TERM

Our target: 96%+



YOU BELONG WITH US!

MAGIC MONDAY & FULL-HOUSE FRIDAY

GOOD LUCK EVERYBODY!



Magic Monday Raffle

Well done to everyone who had a chance to be in our Magic Monday attendance draw! Who is going to be in with a chance of winning a prize... but you have to be in school on a Monday to be in with a chance!

Be in, to win!



Full-House Friday

Make it into school every day this week and you'll be in our Full-House Friday raffle. Make sure your name is on the spinning wheel!

Be in all week, to win!

★ **Make sure your name is on the spinning wheel! Here every day — it's the Normie Way!** ★



CSSA FOOTBALL COMPETITION · HARRABY

Y5/6 FOOTBALL

The first outing of the year for our boys' football team as we headed to Harraby for the CSSA football competition. Probably the best quality of opposition we've faced for a few years, and the boys did really well to finish in **2nd place out of 6** in the league.

With 3 wins and a draw from our 5 games, unfortunately we narrowly missed out on progressing to this year's county finals. Fantastic Normie attitudes from every one of them — plenty of action for them to regroup and fight again next time!

2nd
OUT OF 6

3
WINS

1
DRAW



THE WARMEST OF NORMIE WISHES

GOOD LUCK MISS CANAVAN & FAMILY!

A very big good luck to Miss Canavan, who will be starting her maternity leave this week. We hope you get a chance to rest and put your feet up before **baby Canavan number two** arrives!

I'm sure our whole community will want to wish the whole Canavan family the warmest of Normie wishes.



Good luck!

From all your Normie family



WE REALLY NEED YOU!

PARENT HELPERS

We're looking for parent volunteers to join us as Sports Helpers, supporting staff at sporting events and fixtures across the year!

If you're able to offer some regular help, we'd love to hear from you. **Full safeguarding training will be provided**, and we just ask that you're able to commit to a few dates across the school year.

It's a brilliant way to get involved, cheer on our Normies, and be part of the team behind the scenes. Thank you so much for considering it!

✉ **Email the school office** →

COULD YOU HELP?



**Full safeguarding training
provided — just a few dates
across the year.**



KS1 4.30-5.45
KS2 6-7.15

**NORMAN ST PTA
PRESENTS**

**THURSDAY
15TH
OCTOBER**

**Spooky
disco**

NO PHONES ALLOWED!

£5 PER CHILD, £1 PER EXTRA SIBLING

NORMAN ST PUPILS ONLY

TUCK SHOP AT BOTH DISCOS, NO MORE THAN £3 NEEDED

PAYMENT ON THE ARBOR APP BY SUNDAY

11TH OCTOBER

PLEASE SEND ANY DIETARY REQUIREMENTS TO

PTA@NORMANST.CUMBRIA.SCH.UK

ALL CHILDREN TO BE COLLECTED AFTER DISCOS

NORMAN ST PTA PRESENTS

SPOOKY DISCO

Thursday 15th October

KS1: 4.30–5.45pm

KS2: 6.00–7.15pm

£5 per child · £1 per extra sibling

Pay on the Arbor app by Sunday 11th October

✉ Dietary needs · PTA →



THIS WEEK WE CELEBRATE

HEADTEACHER AWARD



Sam Year 6

Nominated by Miss Millar

A huge congratulations to Sam, our Headteacher Award winner this week! This week, Miss Millar nominated Sam after noticing the wonderful way he has been going above and beyond in Breakfast Club. Sam has shown real kindness and maturity by supporting the younger children, helping them to feel included, settled and happy. He is always ready to lend a hand, offer encouragement and set a fantastic example for others to follow.

Sam is a true Normie, demonstrating our values of being Kind, Brave and Fair every day. He is a wonderful role model who shows care and consideration for everyone around him, and his positive attitude has not gone unnoticed by staff and children alike. It is exactly this commitment to the Normie Way that makes Sam such a deserving winner of this week's Headteacher Award. We are incredibly proud of the difference he makes to our school community and grateful for the example he sets for others.

Well done, Sam! Keep shining and showing what it means to be Kind, Brave and Fair. We're so proud of you!



SPOOKY SEASON IS NEARLY UPON US

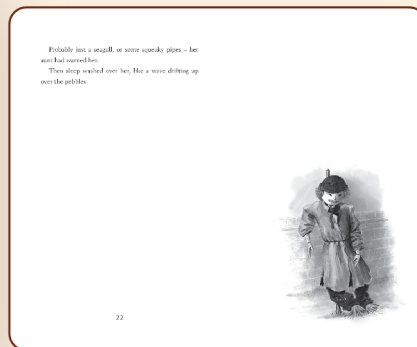
READING RECOMMENDATION

The Haunting of Aveline Jones

by Phil Hickes

Spooky season is nearly upon us — and if you like a chilling read, maybe this one is for you!

Aveline Jones loves reading ghost stories, so a dreary half-term becomes much more exciting when she discovers a spooky old book. Not only are the stories spine-tingling, but it once belonged to **Primrose Penberthy**, who vanished mysteriously, never to be seen again. Intrigued, Aveline decides to investigate Primrose's disappearance.



A SNEAK PEEK INSIDE



SAFEGUARDING · SENDING & RECEIVING IMAGES ONLINE

PART 1 OF 2

A MESSAGE FROM CUMBRIA POLICE

Cumbria Police has recently identified an increase in incidents involving **children under the age of 10** sending and receiving indecent images online.

Why this matters

Although the number of reported incidents remains relatively low compared with older age groups, this increase is concerning and highlights the importance of introducing age-appropriate online safety education from an early age.

Some incidents involve children using apps and platforms that are **not intended for their age group**, reinforcing the need to help pupils understand the risks associated with sharing images and communicating with others online.

What is sexting?

Sexting is when people share a sexual message and/or a naked or semi-naked image, video or text message with another person. Children and young people may also talk about sharing 'nudes', 'pics' or 'dick pics'.

Motivations for children sharing nude imagery differ greatly and are not always sexual. Children of all ages could share nude or semi-nude imagery.



SAFEGUARDING · SENDING & RECEIVING IMAGES ONLINE

PART 2 OF 2

THE RISKS, THE LAW & GETTING HELP

The risks

Children and young people may consent to sending a nude image of themselves with other young people. They can also be forced, tricked or coerced into sharing images by other young people or adults online.

Whether a child or young person shares an image consensually or not, they have **no control over, and often no knowledge of**, how other people might use or share it.

They may experience bullying or isolation if the image is shared around peer groups. Perpetrators of abuse may circulate a nude image more widely and use this to blackmail a child or groom them for further sexual abuse.

AI may be used to modify or 'nudify' an existing image of a child to create child sexual abuse material. These AI-generated images may then be used to blackmail children, families or organisations.

The law

It's a criminal offence to create or share explicit images of a child, including when this image is generated by AI. However, **the law is intended to protect children, not criminalise them**. If a young person is reported to the police for sharing or creating an image, the police will make an internal record, but depending on the circumstances they may decide not to take any formal action.

Further information & support

Safeguarding, sexting & sharing nudes · NSPCC →

Alternatively, please speak with us if you have any concerns. Our safeguarding lead is **Mrs Ele Dobson**. Our Deputy Safeguarding Leads are Mrs Bev Ramshaw, Mrs Karen Hodges, Mrs Lynne Gibson and Mrs Rebecca Cottrill.



NORMAN STREET PRIMARY SCHOOL

CARLISLE · CUMBRIA

CONTACT US

We are always keen to hear your comments, suggestions and feedback. If you'd like to speak to a member of staff, please don't hesitate to get in touch.

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